

# UTROGESTAN (PROGESTERONE) 100MG CAPSULES

Information leaflet for patients prescribed Utrogestan 100mg Capsules

## WHAT IS UTROGESTAN 100MG?

Utrogestan 100mg Capsules contain a natural progesterone, derived from plants and identical in structure to the hormone produced by our body.

It comes in a pack of 30 capsules to be taken as advised by your doctor in combination with a oestrogen treatment in women who have a uterus.

## WHAT CAN I EXPECT FROM MY TREATMENT WITH UTROGESTAN 100MG?

When taking oestrogen for Hormone Replacement Therapy (HRT), the lining of the uterus (endometrium) may build up and cause problems. The addition of a progesterone, such as Utrogestan 100mg, prevents this.

## CHECK-UPS

Irregular bleeding or spotting can also occur during the first 3 months of taking continuous combined HRT. There is no need to be concerned but do report it to your healthcare professional at your 3-month review.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

## PRECAUTIONS

Utrogestan 100mg contains Soybean lecithin. As there is a possible relationship between allergy to soya and allergy to peanut, people with soya or peanut allergy should avoid using Utrogestan 100mg. For the avoidance of doubt, Utrogestan 100mg does not contain peanut products.

Like all medicines, Utrogestan 100mg may cause side effects, although not everybody gets them. Please refer to the package insert contained in your pack of Utrogestan 100mg Capsules for the list of possible side effects.

## WHERE CAN I GET MORE INFORMATION?

Further information is available in your package insert. Contact your doctor if you have any further questions about your Utrogestan 100mg treatment.

Visit [www.utrogestan.co.uk](http://www.utrogestan.co.uk) to find out more about Utrogestan 100mg and access information relating to:

- HRT risks and benefits
- Lifestyle changes to help you go through the menopause



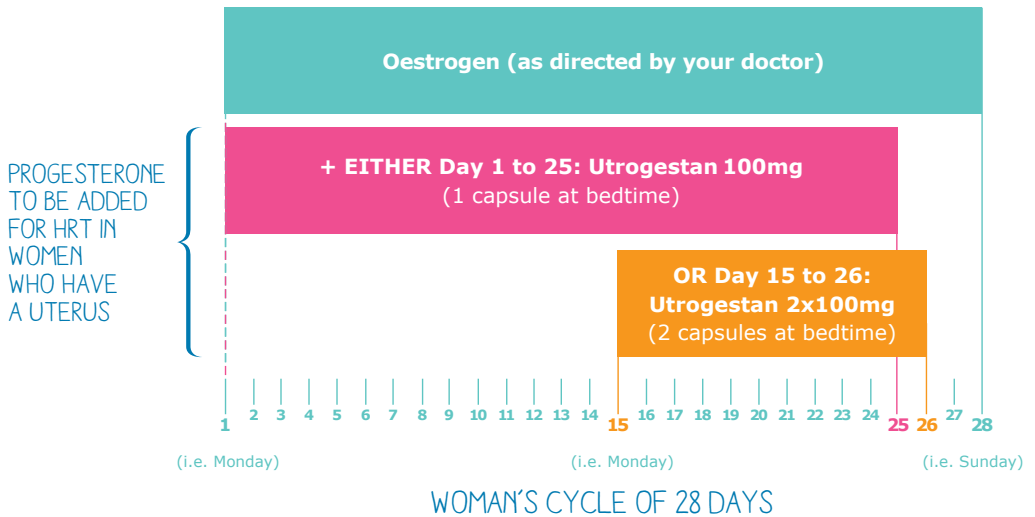
# HOW TO TAKE UTROGESTAN 100MG CAPSULES

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Utrogestan 100mg should be taken as advised by your doctor.

Before taking this medicine, please read the package leaflet that comes with it for a full list of warnings, precautions and when not to take it.

## UTROGESTAN 100MG RECOMMENDED DOSING SCHEDULE



Because Utrogestan 100mg capsules may cause drowsiness, they should be taken at bedtime.



Utrogestan 100mg capsules should not be taken with food.